

Health Ministry Meeting Minutes

February 27, 2025 7:00 PM

Meeting at St. Anthony Parish Hall

Members attending: Mary Ricci, Angela Schug, Roberta Braml, and Mary Freitag by phone
Opening Prayer/Mary R.

Reviewed minutes from December meeting: no changes or discussion on minutes

Weight and Wellness: Mary R reported they just finished the last meeting of the current session last evening. It went well. Planning to open up a new session beginning sometime after Easter. No dates are set at this time. The long-term group continues to meet monthly on the 2nd Wednesday of the month. The last meeting had 10 members in attendance.

Stepping On series: The next session begins Thursday, April 24th through June 5th from 2:00 to 4:00 PM at the St. Ann Parish Hall in Turtle Lake. Roberta and Laura Sauve will co-facilitate the sessions. The ADRC is promoting and is beginning to take registrations. Roberta will get the information in the church bulletin and begin lining up the guest experts.

Blood Pressure Screening

March 16th Mary F.

April-will skip BPs this month as it falls on Easter Sunday

May-18th-Mary R. will check with Jenn Capra to see if she can do this weekend

June-15th Mary F.

Church first responders update: *Purpose to be available to help the ushers if an emergency occurs during Mass. Mary Ricci reviewed potential people from St. Anthony and Sacred Heart, but we have not identified anyone from St. Ann. Roberta will review the parish directory and ask around. Once we have identified potential responders, Mary R. will plan orientation meetings with the candidates and hopefully tie it in with the training for the Epi pens.

EpiPens Discussion: Mary R. completed the training to become an instructor. The training is an hour long. We will encourage ushers and the first responders group to become trained in the EpiPen procedures. Once we have someone trained from each parish, we can complete the grants to get the pens for St. Ann's and Sacred Heart. Expenses for the program would include copying materials for the training and a lock box to store the pens at each church. Mary R. has identified a box that would work and the cost is approximately \$29 per box. Mary R. and Roberta will ask the CCWs for donations. Roberta will check for space for the lock box at Sacred Heart. Mary R. will put together promotional information for the church bulletin. Plan for training sessions in early May.

Catholic United presentation: Mary F. reported the January 19th financial planning/end of life program at St. Anthony's was poorly attended. Will plan to have the training only one time per year going forward. Mary F. will coordinate with Elaine Ricci to have an offering for younger families in conjunction with a Maintenance to Mission event in the future.

Next meeting: Thursday, April 24th at 7:00 PM at St. Anthony Parish Hall

Closing Prayer: The Lord's Prayer
Submitted by Roberta Braml